

Potomac River Sailing Association

Presidents Cup Regatta: September 6 & 7, 2003 – Upper Course

Sailing Instructions

1 RULES

The series will be governed by the 'rules' as defined in the *Racing Rules of Sailing*.
Inland Rules of the Road will apply. In particular, channel-bound traffic has right-of-way over racers.

2 ENTRIES

All one design boats 20 feet or under that comply with their class rules are eligible to compete. Two registered boats of the same class constitute a fleet. Classes with 5 or more registered boats will get their own start.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the bulletin board across from the cranes.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 10:30 on Saturday or 9:30 on Sunday.

5 SCHEDULE OF RACES

5.1 Racing is scheduled for Saturday September 6 and Sunday September 7.

5.2 A **skipper's meeting** will be held in the crane area at **10:00 a.m.** on Saturday.

5.3 The scheduled time of the warning signal for the first race on **Saturday** is **11:30 a.m.** The start may not be delayed for latecomers. The scheduled time of the warning signal for the first race on **Sunday** is **10:30 a.m.**

5.4 The RC will determine the number of races to run each day based on wind and weather conditions. To alert boats that **no more races** are planned for the day, the RC will display the AP (Dr. Seuss flag) over A (white & blue tail) signal.

5.5 No warning signal will be made after **4:00 p.m. on Saturday** or after **2:00 p.m. on Sunday**.

6 CLASS FLAGS

Class flags will be:

Class

Flag

Hobie 20



An H that looks like a Catamaran on white flag

Hobie 16 & Isotope



Class insignia (Flying H) on yellow flag

Lightnings



Class insignia (red flash) on white flag

Hamptons



Class insignia (H with horizontal arrow) on white flag

Interlakes



Class insignia (triangles representing main & jib) on white flag

Mobjacks



Class insignia (M) on white flag

Albacores



Class insignia (AL) on white flag

Class flags for other classes that register 5 or more boats will be posted on the official notice board.

7 RACING AREA

Races will be conducted on the Potomac River, west of Hains Point in Washington, DC, unless changed at the skippers' meeting.

8 THE COURSES

8.1 The course of each class will be designated by a series of symbols described below.

- All **starts** will be **to windward**.
- Boats shall leave **marks to port**.
- A **triangle symbol** indicates that boats shall round the windward, gybe, and leeward marks, and, if it is the last leg, finish to windward.
- A **sausage symbol** indicates that boats shall round the windward and leeward marks, and, if it is the last leg, finish to windward.
 - A **sausage** may be **followed by** a **GATE symbol** to indicate a leeward gate. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
 - A **sausage** may also be **followed by** a **down-arrow symbol** that indicates that boats shall round the windward mark and finish downwind.
- **Number 2 and 3** indicates the number of repetitions of the legs indicated by the **preceding triangle or sausage symbol**.

Sample Course Board:



Hobie 16: Start-W-R-L- W-R-L- W-R-L-Finish



Lightnings: Start-W-R-L-W-L-Finish (Olympic)



Hamptons: Start-W-R-L-W-finish (Gold Cup)



Albacores: Start-W-L-W-L-Finish

9 MARKS

- 9.1 Marks will be **orange balls**. The mark following a change of course mark will be yellow.
- 9.2 The starting and finishing marks are **white with a cylindrical shape and a flag on top** (See 10.2 and 11)
- 9.3 A gate shall consist of two orange balls about 120 feet apart.

10 THE START

- 10.1 Races will be started using rule 26 (5-4-Go with Class & P-flags)
- 10.2 The starting line will be between the blue “RC” flag on the signal boat and the **red flag** on the white cylinder-shaped mark.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area.
- 10.4 All boats bear the responsibility of checking in with the RC prior to the start of racing by sailing by the stern of the signal boat on starboard and hailing both their sail number and the skipper or owner’s last name.
- 10.5 Any class that does not check-in at least five boats may be started with another class.
- 10.6 The starting sequence will be designated on the course board by the order (top to bottom) of the respective class symbols displayed on the board.
- 10.7 If the RC signals a general recall, the warning signal for a new start of the recalled class, shall be simultaneous with or after the starting signal for the last class on the course board. This changes rule 29.3. (**The recalled class goes to the end of the line.**)

11 THE FINISH

The finishing line will be between the **blue flag** or the **blue “RC” flag** on the race committee boat and the **blue flag** on the white cylinder-shaped mark.

12 PENALTY SYSTEM

For catamarans, the penalty is one full turn or 360 instead of two. Also, when an infringing boat has its spinnaker drawing at the time of the infringement, drops it completely while taking her penalty, and resets it and has it drawing after the penalty, the penalty is one full turn or 360 instead of two. This changes rule 44.2.

13 TIME LIMITS

- 13.1 The time limit will be 90 minutes for each class.
- 13.2 Boats failing to finish within 30 minutes of the first boat that sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protest forms are available from the race committee. Protests shall be delivered to the race committee within the protest time limit.
- 14.2 The protest time limit is 60 minutes after the race committee boat docks.
- 14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where these hearings will be held.

15 SCORING

- 15.1 The Low Point scoring system of Appendix A will apply.
- 15.2 If 5 or fewer races are completed, all races will count, otherwise a boat’s worst score will be excluded. This changes rule A2.

16 SAFETY

- 16.1 The race committee may elect to escort large vessels through the race area in order to avoid potential right-of-way conflicts between racing boats and channel-bound vessels. If the RC escort boat displays code flag “D” (horizontal yellow-blue-yellow stripes), no racing boat may go between the escort boat and the channel-bound vessel under penalty of disqualification.