

PRESIDENT'S/LEUKEMIA CUP 2009

September 12 & 13, 2009
Potomac River Sailing Association & The Leukemia and Lymphoma Society
Washington Sailing Marina, Alexandria, VA

SAILING INSTRUCTIONS

UPDATED 9/11/09

1. **RULES**
The series will be governed by the rules as defined in the Racing Rules of Sailing.
2. **NOTICES TO COMPETITORS**
Notices to competitors will be posted at the official notice board located in the lawn area at the end of the boat racks nearest the three cranes at the docks.
3. **CHANGES TO SAILING INSTRUCTIONS**
Any changes to these sailing instructions will be posted 60 minutes before the scheduled start of the first race on the day the change is to take effect, except that any change to the schedule will be posted by 1800 on the day before it will take effect.
4. **SIGNALS MADE ASHORE**
 - 4.1 Signals made ashore will be displayed from the signal boat (Bayliner) at the finger pier of the ramp launch area.
 - 4.2 When flag AP is displayed ashore, the warning signal will be made not less than 45 minutes after the AP flag is lowered. This changes Race Signal AP.
5. **RACING AREA**
 - 5.1 Races will be conducted on the Potomac River, between Gravelly Point and Haines Point, Washington, D.C.
 - 5.2 Channel-bound vessels within the racing area are obstructions. Boats that are racing must keep clear of such vessels.
6. **PLANNED SCHEDULE & NUMBER OF RACES**
 - 6.1 Competitor's meeting: 1000 Hours on Saturday in the crane area.
 - 6.2 First race for the first class: The warning signal for the 1st race of the day for the first class to start is 1130 Hours on both Saturday and Sunday.
 - 6.3 First race for the other classes: There will be a short time after the start of one class and the warning for the next class (no rolling starts).
 - 6.4 Subsequent races: The Race Committee (RC) intends to start subsequent races for some classes before some or all of the other classes have finished.
 - 6.5 Number of Races: A total of Six (6) races per class are planned. One (1) race will constitute a regatta. Depending on conditions, the race committee may conduct as many as Four (4) races per class on either Saturday or Sunday.
 - 6.6 End of racing: No warning signal will be made after 1530 Hours on Sunday.

7. SPECIAL SIGNALS

7.1 Ten (10) seconds before the warning signal of each class, the RC will begin making Five (5) sounds that take Five (5) seconds to complete.

8. ORDER OF STARTS

8.1 The order of starts of classes for the first race of the day will be as shown in Section 9. Any changes to this order will be posted on the official notice board by 1000 Hours each day.

8.2 Classes with 6 or more registered competitors by 1000 Hours will have separate starts. Classes with 5 or fewer competitors MAY be started with another class with 5 or fewer competitors. The class flags of all classes being started together will be raised at the time of the warning signal. The RC's plan for combining classes will be indicated on the official notice board by 1030 Hours. This regatta has been planned as a one-design regatta, however, a boat of any class that is recognized under the Portsmouth rating system is invited to participate at the discretion of the Principal Race Officer. Said boat shall be grouped with a class of similar size and/or rating.

8.3 Subsequent races: The RC may change the order of starts for subsequent races.

9. CLASS FLAGS

Class	Class Flag
Catamarans	Flying H on yellow
Lightnings	Red flash on white
Buccaneers	Crossed cutlasses on white
Interlakes	Main & jib sail plan on white
Hamptons	H with arrow on white
Albacores	AL on red
Flying Scots (Non-Spinnaker)	FS on yellow
Lasers	Laser Class Flag

10. COURSES and MARKS

See attachment for a description of the courses that may be used, including how each will be designated with flags and the direction and order the competitors shall round the marks.

11. MARKS

11.1 The marks designated as 1, 2, and 3 in the attachment will be orange cylinders.

11.2 The offset mark designated as 1a and 2a in the attachment will be a smaller orange ball.

11.3 New marks as provided in instruction 15.2 will be large yellow cylinders.

12. START LINE

The start will be between an orange flag on the signal boat and the course side of a small white cylinder with an orange flag.

13. HAILS

The race committee will attempt to identify On the Course Side of the line boats after starts and identify these boats via communication or hails with the fleet on the water. However, failure to receive a hail or for a hail to be made, the order of hails made, or failure of the fleet to receive any communications shall not be cause for redress. This changes RRS 62.1 (a) and complies with 41 (d).

14. **FINISH LINE**
The finish line will be between a blue flag on the RC boat and the course side of a small white cylinder with a blue flag.
15. **CHANGE OF THE FIRST AND SUBSEQUENT LEGS OF THE COURSE**
 - 15.1 To change the first leg of the course, the race committee will lay a yellow mark and display the C-flag from the signal boat before the warning signal and remove the original mark as soon as practicable. If multiple fleets are racing on the same course, and the C-flag raised, the starting fleet must sail to the change mark as the fleet before may be sailing to the
 - 15.2 To change the 2nd or subsequent leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
16. **TIME LIMIT**
The time limit will be 90 minutes for the first boat to finish in each class. Boats finishing more than 30 minutes after the first boat that sails the course and finishes will be scored the number of boats finishing within the time limit plus 1 point, not to exceed the score of Did Not Finish. This changes RRS 35.
17. **PENALTY SYSTEM**
 - 17.1 For catamarans, the penalty is one full turn (one tack and one jibe). This changes rules 44.1 and 44.2.
 - 17.2 When a boat has a spinnaker drawing at the time of an infringement, drops it completely below the gooseneck while taking her penalty, re-sets it, and has it drawing after the penalty, the penalty is one full turn (one tack and one jibe). This changes rules 44.1 and 44.2.
18. **PROTESTS**
 - 18.1 Protest forms will be available at the race committee signal boat when it docks at the ramp's finger pier.
 - 18.2 Protests shall be delivered to the protest secretary, Scott Snyder, skipper of an Albacore, before the protest time limit, which will be 1 hour after the docking of the race committee signal boat. The Protest Time Limit will be posted on the Official Notice Board.
19. **SCORING**
If there are 5 or fewer races, no scores will be excluded. Otherwise, a competitor's worse score will be excluded. This changes RRS Appendix A2.
20. **TROPHIES**
Trophies will be awarded Sunday afternoon in accordance with the Notice of Race.

ATTACHMENT A: COURSES AND MARKS

10.1 The course will depend on the position of the RC signal boat and flags that the RC displays with the fleet's warning signal and during their start sequence.

10.2 RC positioned **Leeward of Leeward Mark**:

Round leeward mark as many times as indicated on the Numeral Flag below– count the arrows.

Windward-Leeward Course	Olympic Course	Triangle Course
W Flag <div style="display: flex; justify-content: center; gap: 20px;"> <div style="border: 1px solid black; padding: 10px; font-size: 2em; font-weight: bold;">W</div> <div style="border: 1px solid black; padding: 10px; font-size: 2em; font-weight: bold;">2</div> </div>	O-Flag <div style="display: flex; justify-content: center; gap: 20px;"> <div style="border: 1px solid black; padding: 10px; font-size: 2em; font-weight: bold;">O</div> <div style="border: 1px solid black; padding: 10px; font-size: 2em; font-weight: bold;">2</div> </div>	T-Flag <div style="display: flex; justify-content: center; gap: 20px;"> <div style="border: 1px solid black; padding: 10px; font-size: 2em; font-weight: bold;">T</div> <div style="border: 1px solid black; padding: 10px; font-size: 2em; font-weight: bold;">2</div> </div>
2 hot dogs + a finish @ the weather mark	1 triangle, 1 hot dog, + a finish @ the weather mark	2 triangles + a finish @ the weather mark

For the above courses, the leeward mark/gate is not a mark of the course for the first leg of the course and the windward mark is not a mark of the course for the last leg of the course.

10.3 Numeral Flag: If a "1" flag is displayed before a class' warning signal, then the class shall sail round the leeward mark just once. If a "2" flag is displayed, round the leeward mark twice. If a "3" flag is displayed, round the leeward mark 3 times.







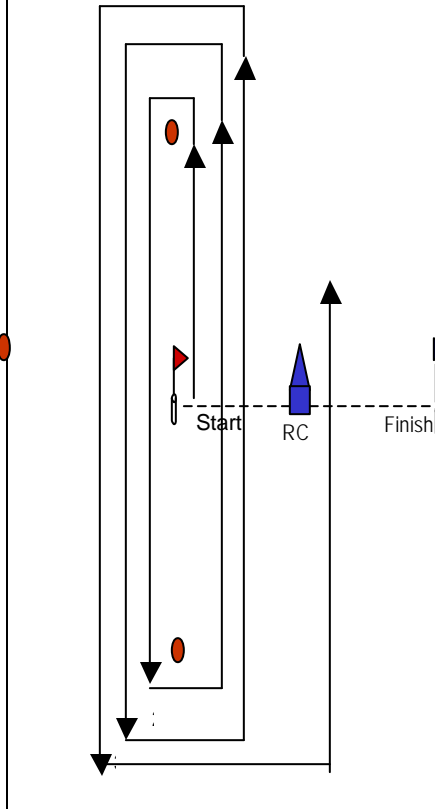
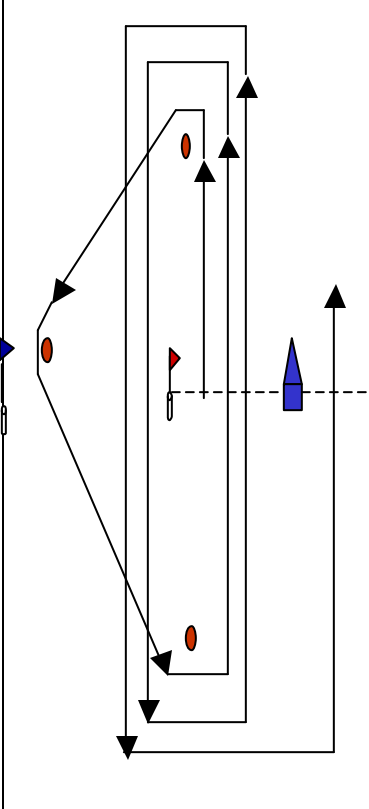
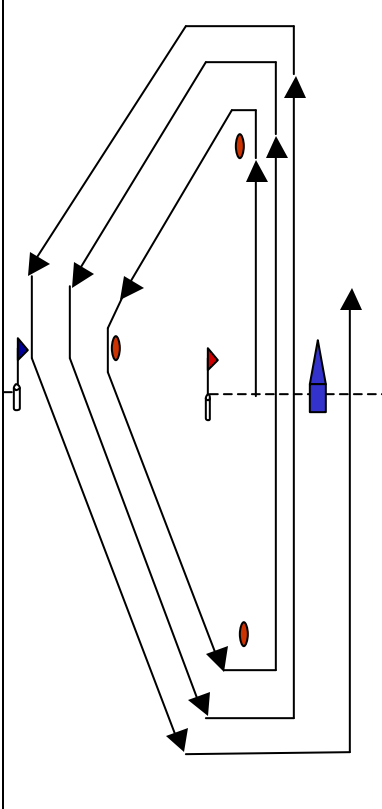
1

2

3

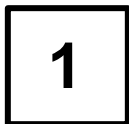
10.4 RC positioned **Between Leeward & Windward Marks:**

Round leeward mark as many times as indicated on the **Numeral Flag** – count the arrows.

Windward-Leeward Course	Olympic Course	Triangle Course
W Flag  	O-Flag  	T-Flag  
3 hot dogs 	1 triangle, 2 hot dogs 	3 triangles 

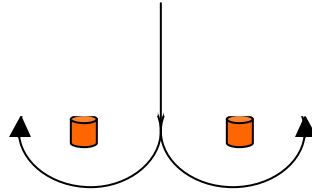
For the above courses, the start/finish line is “open.”

10.5 Numeral Flag: If a “1” flag is displayed before a class’ warning signal, then the class shall sail round the leeward mark just once. If a “2” flag is displayed, round the leeward mark twice. If a “3” flag is displayed, round the leeward mark 3 times.



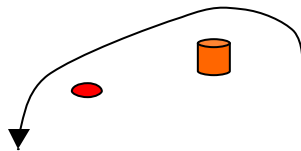
10.6 Leeward Mark – may be a single rounding mark or a two mark Gate

For the W course, the **leeward mark** may either be a single orange cylinder or a gate – two orange cylinders approximately 100 feet apart. For other courses, it is always a single orange cylinder. If it is a single orange cylinder, a boat shall round it to port. If it is a gate a boat shall sail between the gate marks from the direction of the windward mark and round either gate mark (see diagram).



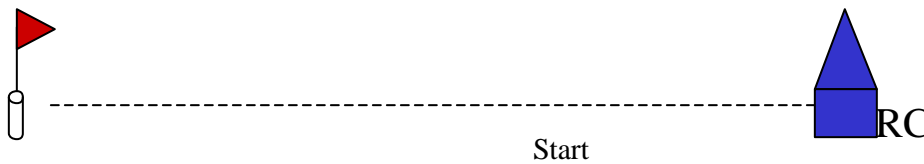
10.7 Windward Mark

The windward mark may be either a single orange cylinder or a cylinder with an offset – a second, smaller buoy approximately 4 boat lengths away – boats shall round both the cylinder and the offset to port.



10.8 Start and finish lines

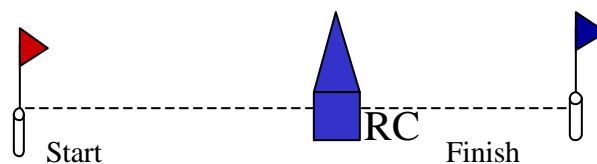
Both will be between the red flag on the RC boat and a white cylindrical mark.



Start line below the Leeward Mark



Finish line Above the Windward Mark



Start and Finish in the middle of the course