

**Potomac River Sailing Association**  
**Sailing Instructions: Spring and Fall Series, 2005**

**1 RULES**

- 1.1 The series will be governed by the 'rules' as defined in the *Racing Rules of Sailing 2005-2008*.
- 1.2 Inland Rules of the Road will apply. In particular, channel-bound traffic has right-of-way over racers.

**2 ENTRIES**

- 2.1 Either the boat owner or skipper must be a member of PRSA. (Provisions of Articles II and III of the PRSA bylaws).
- 2.2 Two or more entrants in the same class crossing the start line between 1 minute before and ten minutes after their starting signal shall constitute the start of a race for that class.
- 2.3 All boats shall check in with the race committee prior to the warning signal for the first race of the day by sailing past the stern of the signal boat on starboard tack and hailing both their sail number and the skipper or owner's last name. (Failure to do so can lead to scoring irregularities).

**3 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the bulletin board across from the cranes.

**4 CHANGES TO SAILING INSTRUCTIONS**








Any change to the sailing instructions will be posted before 10:30 on the day it will take effect.

**5 SCHEDULE OF RACES**

- 5.1 Please refer to the PRSA calendar ([www.PotomacSailing.org](http://www.PotomacSailing.org)) for the schedule of race dates.
- 5.2 A **skipper's meeting** will be held in the crane area at **10:00 a.m.** on the day of each scheduled race
- 5.3 The scheduled time of the **warning signal** for the first race each day is **11:25 a.m.** The start may not be delayed for latecomers.
- 5.4 No warning signal will be made after **3:30 p.m.**
- 5.5 Any change to the schedule shall be posted on the PRSA website 5 or more days before it takes effect.
- 5.6 The Race Committee will attempt to run **at least 3 races** per day of the series, and may run more, up to the cut-off time at section 5.4.
- 5.7 When the Race Committee displays the course board at the finish of a race, it plans to run a subsequent race.
- 5.8 When **no more races** are planned for the day, the Race Committee will display the AP (Dr. Seuss flag) over A (white & blue tail) signal.

**6 CLASS FLAGS**

Class flags will be:

Class	Flag	
Open Cats		An H that looks like a Catamaran on white flag
Hobie 16		Class insignia (Flying H) on yellow flag
Lightnings		Class insignia (red flash) on white flag
Hamptons		Class insignia (H with horizontal arrow) on white flag
Buccaneer		Class insignia (crossed cutlasses)
Interlakes		Class insignia (triangles representing main & jib) on white flag
Albacores		Class insignia (AL) on white flag

**7 RACING AREA**

Races will be conducted on the Potomac River, west of Hains Point in Washington, DC, unless changed at the skippers' meeting. The Race Committee will post racing area changes on the official notice board.

## 8 THE COURSES

8.1 All starts will be to windward.

8.2 Boats shall leave marks to port, except for leeward gates, as described below.

8.3 The course of each class will be designated before each race on a course board displayed from the signal boat, as described below:

- Triangle symbols indicate that boats shall round the windward, jibe, and leeward marks, and, if it is the last leg, finish to windward.
- Sausage symbols indicate that boats shall round the windward and leeward marks, and, if it is the last leg, finish to windward.
  - A sausage may be followed by an **LG** symbol to indicate a leeward gate. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
  - A sausage may also be followed by a down-arrow symbol that indicates that boats shall round the windward mark and finish downwind.
- The numerals 2 and 3 indicate how many times the legs indicated by the preceding triangle or sausage symbol are to be repeated.

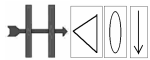
### Sample Course Board:



Cats: Start-W-R-L- W-R-L- W-R-L-Finish



Lightnings: Start-W-R-L-W-L-Finish (Olympic)



Hamptons: Start-W-R-L-W-finish (Gold Cup)



Albacores: Start-W-L-W-L-Finish

## 9 MARKS

9.1 Marks will be orange balls.

9.2 The starting and finishing marks are white with a cylindrical shape and a flag on top (See 10.2 and 11)

9.3 A gate shall consist of two orange balls about 120 feet apart.

## 10 THE START

10.1 Races will be started using RRS rule 26. (5-4-1-Go)

10.2 The starting line will be between the **blue flag** on the signal boat and the **red flag** on the white cylinder-shaped mark.

10.3 Boats whose warning signal has not been made shall avoid the starting area.

10.4 Any class that does not check-in at least five boats may be started with another class.

10.5 The starting sequence will be designated by the order (top to bottom) of the class symbols displayed on the course board.

## 11 THE FINISH

11.1 The finishing line will be between the **blue flag** on the race committee boat and the **blue flag** on the white cylinder-shaped mark.

## 12 PENALTY SYSTEM

12.1 For catamarans, the penalty is one full turn (one tack and one jibe) instead of two. This changes rules 44.1 and 44.2.

12.2 When an infringing boat has a spinnaker drawing at the time of the infringement, drops it completely while taking her penalty, re-sets it, and has it drawing after the penalty, the penalty is one full turn (one tack and one jibe) instead of two. This changes rules 44.1 and 44.2.

## 13 TIME LIMITS

13.1 The time limit will be 90 minutes for each class.

13.2 Boats failing to finish within 30 minutes of the first boat that sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

## 14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protests shall be delivered to the race committee within the protest time limit.

14.2 The protest time limit is 60 minutes after the race committee boat docks.

14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where these hearings will be held.

## 15 SCORING

15.1 The Race Committee shall score and publish the results of each day's racing using the Low Point System in Appendix A.

15.2 The Fleets shall score the series overall as directed by their own prescriptions. This changes rules 88.3(a) and A9

## 16 SAFETY

16.1 The race committee may elect to escort large vessels through the race area in order to avoid potential right-of-way conflicts between racing boats and channel-bound vessels. If the RC escort boat displays code flag "D" (horizontal yellow-blue-yellow stripes), no racing boat may go between the escort boat and the channel-bound vessel under penalty of disqualification.

16.2 Boats withdrawing from a race shall notify the race committee (by hailing a mark boat, crash boat, or signal boat) as soon as practicable.

## 17 PRIZES

Prizes will be given each member of the crews of the top placing boats in the series as follow:

Number qualifying in the series	1-4	5-7	8-10	>10
Depth of awards	1	2	3	4