

Potomac River Sailing Association
Sailing Instructions: Spring and Fall Series: 2004

1 RULES

The series will be governed by the 'rules' as defined in the *Racing Rules of Sailing*.
 Inland Rules of the Road will apply. In particular, channel-bound traffic has right-of-way over racers.

2 ENTRIES

Either the boat owner or skipper must be a member of PRSA. (Provisions of Articles II and III of the PRSA bylaws).
 Two or more entrants in the same class ranking as starters will constitute a start for that class.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the bulletin board across from the cranes.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 10:30 on the day it will take effect.

5 SCHEDULE OF RACES

5.1 Please refer to the PRSA calendar (www.PotomacSailing.org) for the schedule of race dates.

5.2 A skipper's meeting will be held in the crane area at **10:00 a.m.**

5.3 The scheduled time of the **warning signal** for the first race each day is **11:25 a.m.** The start may not be delayed for latecomers.




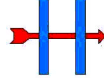


5.4 No warning signal will be made after **3:30 p.m.**

5.5 Any change to the schedule shall be posted on the PRSA website 5 or more days before it takes effect.

5.6 When conditions permit, the RC will attempt to run at least 3 but possibly more races. To alert boats that **no more races** are planned for the day, the RC will display the AP (Dr. Seuss flag) over A (white & blue tail) signal.

6 CLASS FLAGS

Class flags will be:

Class	Flag	
Open Cats		An H that looks like a Catamaran on white flag
Hobie 16		Class insignia (Flying H) on yellow flag
Lightnings		Class insignia (red flash) on white flag
Hamptons		Class insignia (H with horizontal arrow) on white flag
Interlakes		Class insignia (triangles representing main & jib) on white flag
Albacores		Class insignia (AL) on white flag

7 RACING AREA

Races will be conducted on the Potomac River, west of Hains Point in Washington, DC, unless changed at the skippers' meeting.

8 THE COURSES

8.1 The course of each class will be designated by a series of symbols described below.

- All starts will be to windward.
- Boats shall leave marks to port.
- A triangle symbol indicates that boats shall round the windward, gybe, and leeward marks, and, if it is the last leg, finish to windward.
- A sausage symbol indicates that boats shall round the windward and leeward marks, and, if it is the last leg, finish to windward.
 - A sausage may be followed by an **LG** symbol to indicate a leeward gate. When there is a gate, boats shall sail between the

gate marks from the direction of the previous mark and round either gate mark.

- A sausage may also be followed by a down-arrow symbol that indicates that boats shall round the windward mark and finish downwind.
- Number 2 and 3 indicates the number of repetitions of the legs indicated by the preceding triangle or sausage symbol.

Sample Course Board:



Cats: Start-W-R-L- W-R-L- W-R-L-Finish



Lightnings: Start-W-R-L-W-L-Finish (Olympic)



Hamptons: Start-W-R-L-W-finish (Gold Cup)



Albacores: Start-W-L-W-L-Finish

9 MARKS

- 9.1 Marks will be orange balls.
- 9.2 The starting and finishing marks are white with a cylindrical shape and a flag on top (See 10.2 and 11)
- 9.3 A gate shall consist of two orange balls about 120 feet apart.

10 THE START

- 10.1 Races will be started using RRS rule 26. (5-4-1-Go)
- 10.2 The starting line will be between the **blue flag** on the signal boat and the **red flag** on the white cylinder-shaped mark.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area.
- 10.4 All boats bear the responsibility of checking in with the RC prior to the start of racing by sailing by the stern of the signal boat on starboard and hailing both their sail number and the skipper or owner's last name.
- 10.5 Any class that does not check-in at least five boats may be started with another class.
- 10.6 The starting sequence will be designated on the course board by the order (top to bottom) of the respective class symbols displayed on the board.

11 THE FINISH

The finishing line will be between the **blue flag** on the race committee boat and the **blue flag** on the white cylinder-shaped mark.

12 PENALTY SYSTEM

For catamarans, the penalty is one full turn or 360 instead of two. Also, when an infringing boat has its spinnaker drawing at the time of the infringement, drops it completely while taking her penalty, and resets it and has it drawing after the penalty, the penalty is one full turn or 360 instead of two. This changes rule 44.2.

13 TIME LIMITS

- 13.1 The time limit will be 90 minutes for each class.
- 13.2 Boats failing to finish within 30 minutes of the first boat that sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protests shall be delivered to the race committee within the protest time limit.
- 14.2 The protest time limit is 60 minutes after the race committee boat docks.
- 14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where these hearings will be held.

15 SCORING

- 15.1 The Low Point scoring system of Appendix A will apply to each race. Rule A9 applies. However, the Fleets will score boats that did not come to the starting area and will score the series for their classes. The changes rules 88.3(a) and A9.
- 15.2 A boat that is scored Did Not Finish shall be scored points for the finishing place one more than the number of qualified finishers in the race. Qualified finishers exclude OCS, DSQ, BFD, RAF. This changes rule A9.

16 SAFETY

- 16.1 The race committee may elect to escort large vessels through the race area in order to avoid potential right-of-way conflicts between racing boats and channel-bound vessels. If the RC escort boat displays code flag "D" (horizontal yellow-blue-yellow stripes), no racing boat may go between the escort boat and the channel-bound vessel under penalty of disqualification.
- 16.2 Boats withdrawing from a race shall notify the RC as soon as practicable.

17 PRIZES

Prizes will be given each member of the crews of the top placing boats in the series as follow:

# qualifying in the series	1-4	5-7	8-10	>10
depth of awards	1	2	3	4