

PRSA Spring Regatta: May 29 & 30, 2004

Sailing Instructions: UPPER COURSE

1 RULES

The series will be governed by the 'rules' as defined in the *Racing Rules of Sailing*. Inland Rules of the Road will apply. In particular, channel-bound traffic has right-of-way over racers.

2 ENTRIES

Open to all one-design classes 20 feet or under.
Two or more entrants in the same class ranking as starters will constitute a start for that class.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the bulletin board across from the cranes.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 90 minutes before the scheduled time of the first starting signal on the day it will take effect.

5 SCHEDULE OF RACES

5.1 Racing is scheduled for Saturday May 29 and Sunday May 30.

5.2 A **skipper's meeting** will be held in the crane area at **10:00 a.m.** on Saturday May 29.

5.3 The scheduled time of the **starting signal** for the first race is **11:30 a.m. on Saturday** and **10:30 a.m. on Sunday**. The start may not be delayed for latecomers.

5.4 A total of 5, possibly 6 races are planned. 3, possibly 4, races are planned for Saturday. 2, possibly 3, races are planned for Sunday. The RC will determine the number of races each day based on sailing conditions and on the forecast for Sunday.







To alert boats that another race or sequence of races will begin soon, the postponement signal may be displayed for a short period of time and then dropped one minute before the warning signal is displayed.

To alert boats that no more races are planned for the day, the postponement over Alpha (white with blue tail) signal may be displayed

5.5 No warning signal will be made after 4:00 p.m. on Saturday or after 2:00 p.m. on Sunday.

6 CLASS FLAGS

Class flags will be:

Class	Flag	
Hobie 16		Class insignia (Flying H) on yellow flag
Lightnings		Class insignia (red flash) on white flag
Buccaneer		Class insignia (cutlasses) on white flag
Hamptons		Class insignia (H with horizontal arrow) on white flag
Interlakes		Class insignia (triangles representing main & jib) on white flag
Albacores		Class insignia (AL) on white flag

7 RACING AREA

Races will be conducted on the Potomac River, west of Hains Point in Washington, DC, unless changed at the skippers' meeting.

8 THE COURSES

8.1 The course of each class will be designated by a series of symbols described below.

- All starts will be to windward.
- Boats shall leave marks to port.
- A **triangle symbol** indicates that boats shall round the windward, gybe, and leeward marks, and, if it is the last leg, finish to windward.
- A **sausage symbol** indicates that boats shall round the windward and leeward marks, and, if it is the last leg, finish to windward.
 - A sausage may be followed by a **GATE symbol** to indicate a leeward gate. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
 - A sausage may also be followed by a **down-arrow symbol** that indicates that boats shall round the windward mark and finish downwind.
- **Number 2 and 3** indicates the number of repetitions of the legs indicated by the preceding triangle or sausage symbol.

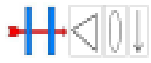
Sample Course Board:



Cats: Start-W-R-L- W-R-L- W-R-L-Finish



Lightnings: Start-W-R-L-W-L-Finish (Olympic)



Hamptons: Start-W-R-L-W-finish (Gold Cup)



Albacores: Start-W-L-W-L-Finish

9 MARKS

9.1 Marks will be orange balls.

9.2 The starting and finishing marks are white with a cylindrical shape and a flag on top (See 10.2 and 11)

9.3 A gate shall consist of two orange balls about 120 feet apart.

10 THE START

10.1 Races will be started using RRS rule 26. (5-4-1-Go)

10.2 The starting line will be between the **red flag** on the signal boat and the **red flag** on the white cylinder-shaped mark.

10.3 Boats whose warning signal has not been made shall avoid the starting area.

10.4 **All boats bear the responsibility of checking in with the RC prior to the start** of racing by sailing by the stern of the signal boat on starboard and hailing both their sail number and the skipper or owner's last name. The RC will confirm check-in by hailing back the boat's sail number.

10.5 Any class that does not check-in at least five boats may be started with another class.

10.6 The starting sequence will be designated on the course board by the order (top to bottom) of the respective class symbols displayed on the board.

11 THE FINISH

The finishing line will be between the **blue flag** on the race committee boat and the **blue flag** on the white cylinder-shaped mark.

12 PENALTY SYSTEM

For catamarans, the penalty is one full turn or 360 instead of two. Also, when an infringing yacht has its spinnaker drawing at the time of the infringement it may optionally take a 360° Turn Penalty by dropping the spinnaker completely, doing one full 360° turn, including one tack and one gybe, and resetting the spinnaker and having it drawing. This changes rule 44.2.

13 TIME LIMITS

13.1 The time limit will be 90 minutes for each class.

13.2 Boats failing to finish within 30 minutes of the first boat that sails the course and finishes will be scored Did Not Finish. This changes rules 35 and A4.1.

14 PROTESTS AND REQUESTS FOR REDRESS

14.1 Protest forms are available from the race committee. Protests shall be delivered to the race committee within the protest time limit.

14.2 The protest time limit is 60 minutes after the race committee boat docks.

14.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where these hearings will be held.

15 SCORING

15.1 If 5 or fewer races are completed, all will count. If there are 6 races, a competitor's worst race will be discarded. This changes rule A2.

15.2 1 completed race constitutes a regatta.

16 SAFETY

16.1 The race committee may elect to escort large vessels through the race area in order to avoid potential right-of-way conflicts between racing boats and channel-bound vessels. If the RC escort boat displays code flag "D" (horizontal yellow-blue-yellow stripes), no racing boat may go between the escort boat and the channel-bound vessel under penalty of disqualification.

16.2 Boats withdrawing from a race shall notify the RC as soon as practicable.

17 PRIZES

Prizes will be given each member of the crews of the top placing boats in the series as follow:

# qualifying in the series	1-4	5-7	8-10	>10
depth of awards	1	2	3	4

In addition, two perpetual trophies will be awarded:

- 1) **Len Penso Award** to the skipper age 50 or greater who beats the most boats.
- 2) **Catherine Hearst Award** to the woman skipper who beats the most boats.