

Sailing Instructions 2010 Capital City Laser Regatta

Potomac River Laser Fleet

In Cooperation With

The Potomac River Sailing Association

Washington, DC

March 27-28, 2010

1. RULES

- 1.1 This regatta will be governed by the 'rules' as defined in The Racing Rules of Sailing for 2009 - 2012. The regatta is designated Category A.

2. ENTRIES

- 2.1 Eligible boats may be entered by completing registration with the regatta registration committee or pre-registering online.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at the Washington Sailing Marina. This board is located on the north end of the easternmost boat rack (near the lifts).

4. CHANGES IN SAILING INSTRUCTIONS

- 4.1 Any change in the sailing instructions will be posted before 1000 on the notice board, except on Saturday, March 21st when changes will be posted within 10 minutes following the skippers' meeting.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the board adjacent to the cranes.
- 5.2 When "AP" (red and white vertical striped pennant) is displayed ashore '1 minute' is replaced with 'not less than 45 minutes.'
- 5.3 The departure signal will be a sound signal from the departing RC boat, which will be given at least 30 minutes before the first warning signal each day. This signal may be made after the Race Committee has departed the dock.

6. NUMBER AND SCHEDULE OF RACES

- 6.1 The number of races sailed on any day is at the discretion of the race committee. The warning signal for the first race on each day is scheduled as indicated below.

Saturday 27 th	1100	Skippers Meeting
	1200	Warning Signal for Race 1 of Day 1 No races after 15:30
Sunday, 28 th	1100	Warning Signal for Race 1 of Day 2 No races after 1400

6.2 Races will be run back to back each day.

7. THE COURSE

7.1 The diagrams in Appendix A show the courses including the approximate angles between legs, the order in which marks are to be passed, and the side to which each mark is to be left.

7.2 The T course will be indicated by the letter "T", the O course by the letter "O" and the W course by the letter "W" displayed on the Race Committee boat.. The number of Laps for a "T" or "W" course will be indicated by a "1" or "2" next to the course letter. For example, "T2" will indicate twice around a "T" course.

7.3 The finish mark may be offset from the course. Mark 1 will not be a mark of the course when preparing to finish.

8. MARKS

8.1 Marks 1, 2 and 3 will be as described in Appendix A. New marks, as provided in instruction 11, will be as described in Appendix A.

8.3 The start and finishing marks will be will be as described in Appendix A.

9. THE START

9.1 The class flag for the fleet will be a red Laser insignia on white field.

9.2 The starting line will be between a staff displaying the RC flag on the Race Committee boat and the start mark (as described in appendix A).

9.3 The starting sequence will be as described in Appendix Q of the RRS (3 minute starts).

9.3 A boat shall not start later than 10 minutes after her starting signal.

10. RECALLS AND STARTING PENALTIES

10.1 An anchored Race Committee vessel may or may not attempt to hail boats that have started on course side.

11. CHANGE OF POSITION OF THE NEXT MARK

11.1 To change the position of the next mark, the race committee will lay a new mark and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the course configuration. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12. THE FINISH

12.1 The finishing line will be between a staff displaying the RC flag on the Race Committee boat and the finish mark (as described in appendix A).

13. TIME LIMIT

- 13.1 The time limit for the first yacht to finish will be 2 hours from their starting signal.
- 13.2 Boats failing to finish within 30 minutes after the first boat to finish will be scored TLP (time limit penalty). TLP is two plus the number of boats finishing within the time limit, and not thereafter retiring or being disqualified. This changes rule 35, A4.1, and A4.2.

14. PROTESTS

- 14.1 In addition to the requirements of 61.1a, a boat intending to lodge a protest shall inform the Race Committee at the finishing line or as soon as practical thereafter.
- 14.2 The protest time limit is 60 minutes after the Race Committee comes ashore. That time will be signaled by the Race Committee boat passing the docks at Washington Sailing Marina and sounding two blasts of the horn.

15. SCORING

- 15.1 The low point scoring system described in RRS Appendix A will apply.
- 15.2 One race is required to be completed to constitute a series.
- 15.3 If 4 or fewer races are completed, a boat's series score will be the total of all her race scores. Otherwise, her worst score will be excluded. This changes RRS Appendix A rule A2.
- 15.4 See 13.2.

16 SAFETY

- 16.1 Each boat shall pass astern of the Race Committee Boat before the preparatory signal of her first race each day so that her sail number can be recorded and acknowledged. Boats failing to do so will be recorded as "Did Not Start".
- 16.2 Sailors needing help should signal with an open hand. Those not needing help should signal with a closed fist.
- 16.3 A boat that retires from a race shall notify the Race Committee boat or a Race Committee vessel before leaving the course area, or, if that is impossible, notify the Race Committee or its representative immediately after arriving ashore. Boats failing to do so may be disqualified.

APPENDIX A: COURSE DIAGRAMS AND MARKS

MARKS (8.1) : Marks 1, 2, 3 will be orange ball.

SUBSTITUTE MARKS (8.2 and 11): New mark used for modification of course will be orange cylinder.

START MARK (9.2): will be Styrofoam cylinder with a red flag.

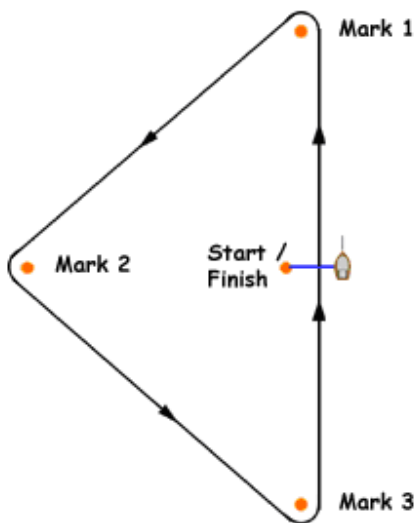
FINISH MARK (12): will be Styrofoam cylinder with a red flag.

COURSE T: Start – 1 – 2 – 3 – Finish (Number of Laps, 1 or 2, to be indicated)

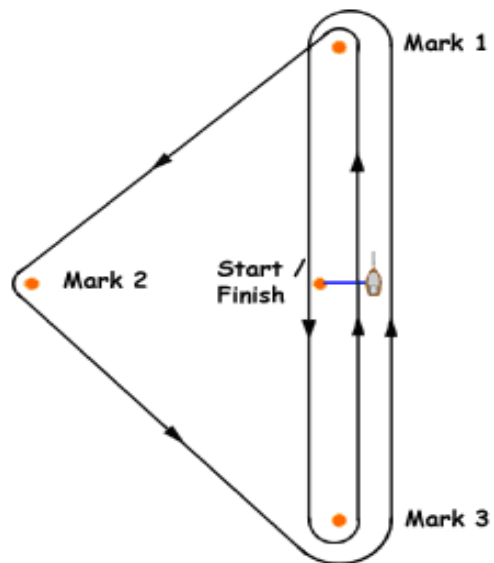
COURSE O: Start – 1 – 2 – 3 -- 1 – 3 – Finish

COURSE W: Start-1 – 2 – Finish (Number of Laps, 1 or 2, to be indicated)

COURSE T



COURSE O



Course W

